

You follow r/h track past farmhouses to a crosspaths where a stern notice forbids you to advance. Turn hard left along the Millennium Way, over slightly awkward stile by the gate and security light; then before farm entrance drop right, down over bridge, up steps to follow r/h edge of field. Cross stile, track and stile. Turn right, along field edge to arrive at the Low Lane stile. ❶ Take stile a few yards on left, go along field edge to cross stile at “kink”; follow hedge on left to stile; then continue along r/h field edge to reach Horn Lane. Go right, then again (Heights Lane). (♦ Here a shorter 3½ mile walk takes you back to Cringles via B roads, ahead all the way.) Left up Kiln Hill Lane for about a mile, making for Moor Gate Farm, crossing cattle grid in increasingly wide-open countryside. At the farm go right (NOT in the farmyard!), and make for the right-hand of two gates. The obvious track leads you past Crow Trees Farm to Jenkin. (* For a 4½ mile walk continue to Ridge Lane at end of this track, pass through farm opposite, following signs for Silsden Stroll 3, to Walkers Lane, go left and follow the B road back to start).

Drop left to a small wooden gate. The “bowl” of the terrain is now opening up before you. Go down the l/h field edge to a similar gate, then cross at 11 o/c to concrete track. Left, up to Low Edge Farm via a cattle grid (no gate!). Here you pass between the lions, go right, across lawn and up, following wall the length of the house to stile in r/h wall, facing wind turbine. Turn sharp right, exit via gate and climb to High Edge Farm. ❷ Pause – look at that view! Cross barred step stile on right, and take that on left about 50 yards along. Make for gate up on right, then straight ahead up to stile in corner.

Crossing some boggy ground, walk to obvious gate ahead, then descend the two fields’ edge via a gate and take stile on left. Ahead to gate at Middlebrough House Farm. Walk round house front, following track to gates, where you pass through yours and the right hand one, making for Haygill Farm. There, take gate on the right (NOT ahead!), and cross over field with ditch on your right to stile in mid-wall, then to stile at Haygill Nook, passing an old barn on your right. (▲ alternative start – park car considerably 100 yards on verge by farm drive on right)

Go left up Bank Lane and after 150 yards, at the bench on right, follow bridleway to the end of a long field. The corner stile is not only awkward but boggy – you may decide to use gate to the left. Turn right, follow r/h wall over stile and then to ladder stile. ❸ Climb this and follow l/h wall to two gateways. Go through gate in r/h wall, then to stile behind dead tree. After passing over this it is best to leave the official path, so climb, keeping the heaps of spoil on your left, then strike out ahead for corner of field and Bank Lane. Turn left and follow road back to Cringles.

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1850s survey tower at Cringles